

# Australian Canoeing Award Scheme 2014

Assessment Record

## Basic Skills



### Section 1

|                  |      |                     |                                       |
|------------------|------|---------------------|---------------------------------------|
| <b>Candidate</b> |      | Certificate Number: |                                       |
| Given Name:      |      | Family Name:        |                                       |
| Address:         |      |                     |                                       |
| Suburb:          |      | State:              | Postcode:                             |
| Phone: Home:     |      | Work:               | Mobile:                               |
| Email Address:   |      |                     |                                       |
| Date of Birth:   | Male | Female              | Aboriginal or Torres Strait Islander: |

### Section 2

|                                    |               |
|------------------------------------|---------------|
| <b>National Training Provider:</b> |               |
| <b>Assessor:</b>                   |               |
| AC Registration Number:            | Phone Number: |
| <b>Trainer:</b>                    |               |
| AC Registration Number:            | Phone Number: |

### Award Definition

The Basic Skills Award is purely an introduction and participant award that can be delivered and assessed by a current AC Instructor, guide, coach or lifeguard. Assessment is to be carried out on flat sheltered water.

The assessment can be conducted in single or double kayaks (may be sit on top) or canoes, and is specific to the craft in which it was taken. The candidate's performance throughout the assessment must be satisfactory and confident. If using a double kayak or canoe the candidates should be tested in both the bow and stern positions.

### Section 3

|  |                              |
|--|------------------------------|
| <b>Skill Component</b>   | Assessed in: Canoe Kayak SOT |
| Present craft and equipment for inspection (hatches and other equipment set or stowed ready for launch, spare equipment waterproofed).                                 |                              |
| Swim 50 metres in canoeing clothes (shirt, shorts and sandshoes as a minimum, and with a life jacket(Level 50), and swim under the craft to surface on the other side. |                              |
| Show to the Assessor's satisfaction, a full understanding of the basic safety requirements for paddlers and their craft and appreciation of the use of life jackets.   |                              |

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Launch the craft, embark and paddle away from the launching point.

Demonstrate:

- understanding of correct posture and basic injury prevention
- paddling forwards, backwards, and emergency stops
- turning the craft
- the use of the paddle as a means of support on the water
- coming alongside another craft, and also a clear approach to the launching point
- disembark, then re-embark, paddle to deep water, capsize and assist with a deepwater rescue or swim the craft ashore.

The candidate has demonstrated adequate skills in this component

Date:

Signature:

**Evidence notes:**

### Section 4

**Overall summary:**

**Signature:**

### Section 5

#### **Candidate's notes**

I declare that all information contained in my application for an Australian Canoeing Instructional Award to be true and accurate at the time of submission, and that I shall notify Australian Canoeing in the event of change of information.

I have viewed the Assessor's remarks on the assessment components.

**Candidate's comments:**

**Signature:**