

Safety Checklist

Slalom competitions

Introduction & Instructions

This checklist is the recommended standard to ensure safety of **slalom competitions** organised by Australian Canoeing affiliates. Its purpose is to ensure that all appropriate steps have been taken to ensure the safety of all participants in slalom competitions sanctioned by Australian Canoeing.

This checklist is the second of two safety checklists that AC recommends you complete. It is to be used as an addendum to the first safety checklist, the *Safety Checklist for All Paddling Activities*.

To ensure a safe event:

1. Complete the **Safety Checklist for All Paddling Activities** first, then
2. Complete this **event-specific checklist** to ensure that additional safety issues specific to your event are also addressed.

Requirements noted in this checklist are based the ICF Slalom Racing Competition Rules, Version 2005.

Information about the Activity

Name of organisation hosting the activity:	
Name of activity:	
Description of activity and participants: <i>'Participants' include paddlers, officials, guides, instructors, coaches, observers, etc</i>	
Activity date(s) & times:	
Activity Venue(s):	
Other relevant information about the activity:	

Safety Checklist

Please document whether or not the following safety measures have been taken in preparation for your activity by completing the checklist below.

<i>Have the following steps been actioned?</i>	Yes	No	Date completed	Comments (if applicable)
<p>1. Safety Officials and personnel</p> <p>Have the following personnel been appointed among the officials of the event?</p> <p><input type="checkbox"/> Safety Officer</p> <p><input type="checkbox"/> Rescue squad (as appropriate)</p> <p><input type="checkbox"/> Physician</p> <p><input type="checkbox"/> (only for World Championships) Medical Officer.</p>				
<p>2. Role & resources of Safety Officer</p> <p><input type="checkbox"/> Has the Safety Officer been clearly briefed on his/her role, being (together with the rescue squad and according to the circumstances):</p> <p style="margin-left: 20px;"><input type="checkbox"/> to rescue competitors who have capsized and</p> <p style="margin-left: 20px;"><input type="checkbox"/> render effective assistance to a competitor in difficulty?</p> <p><input type="checkbox"/> Does the Safety Officer have available the necessary safety and first-aid equipment to use in the event of a serious accident?</p> <p><input type="checkbox"/> Is a physician continuously available?</p>				
<p>3. Role of Starter</p> <p><input type="checkbox"/> Has the Starter been fully briefed on his/her role as being to ensure that competitors are in the correct order and gives permission to start?</p> <p><input type="checkbox"/> Has the starter had clearly explained to him/her that he/she may refuse to start a competitor if the competitor fails to respect the safety rules?</p>				
<p>4. Role of Pre Start Controller</p> <p><input type="checkbox"/> Has the Pre-Start Controller been fully briefed on his/her role as being to confirm that both the competitors' boats and personal attire meet the safety rules (safety helmet, buoyancy jacket and boat)</p> <p><input type="checkbox"/> Has the Starter had clearly explained to him/her that he/she may refuse to start a competitor if the competitor fails to respect the safety rules?</p>				

<i>Have the following steps been actioned?</i>	Yes	No	Date completed	Comments (if applicable)
<p>5. Invitations to the event</p> <p>Do the invitations to the event include information about safety measures, as required in clause 10 of the ICF Slalom Racing Competition Rules, Version 2005?</p>				
<p>6. Instructions to Team Managers</p> <p>Do instructions provided to Team Managers include the time and place for the inspection of boats, as required in clause 18.1 of the ICF Slalom Racing Competition Rules, Version 2005?</p>				
<i>Have the following steps been actioned?</i>	Yes	No	Date completed	Comments (if applicable)
<p>7. Safety Measures</p> <p>Are the following safety measures enforced throughout the event:</p> <ul style="list-style-type: none"> <input type="checkbox"/> All boats must be made unsinkable and be equipped at each end with a handle attached no more than 30 cm from the bow and from the stern. <input type="checkbox"/> The following are considered as handles: loops of rope, with handles, or rope running the length of the boat from stem to stern, or a handle that is an integral part of the boat construction. <input type="checkbox"/> The handles must at all times permit easy insertion of an entire hand up to the base of the thumb to grab the boat. <input type="checkbox"/> The materials used must be at least 6mm in diameter, or a minimum cross-section of 2 x 10mm. <input type="checkbox"/> Taping of the handles is not permitted <input type="checkbox"/> Each competitor must wear a fastened safety helmet and a buoyancy jacket (buoyancy aid). Only branded products from manufacturers, which guarantee quality of material, will be accepted. Both have to be in good condition. Home made helmets and buoyancy jackets (buoyancy aids) will not be allowed. <input type="checkbox"/> The safety helmet must offer sufficient protection to the head of the athletes in case he hits a rock for instance (Space between head and helmet shell to absorb the shock) and a solid chin strap. <input type="checkbox"/> It is recommended that organisers spot check the buoyancy of the jackets and boats at both start and finish. 				

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<i>Have the following steps been actioned?</i>	Yes	No	Date completed	Comments (if applicable)
<input type="checkbox"/> In doubtful cases, buoyancy of the boat is checked. The boat must float level at the surface when filled with water.				
<input type="checkbox"/> Competitors must be able to free themselves immediately from their boat at all times				
<input type="checkbox"/> In the event of non-observance of the safety rules, the Starter, the Pre Start Controller, the Boat Controller and the Chief Judge each, according to their assigned duties, are responsible to prevent a competitor from starting.				
<input type="checkbox"/> In any event, competitors start at their own risk. Neither the ICF, AC, nor the organisers bear responsibility for accidents or damage to equipment that may occur in the competition course.				

END OF CHECKLIST