

Safety Checklist

Marathon competitions

Introduction & Instructions

This checklist is the recommended standard to ensure safety of **marathon competitions** organised by Australian Canoeing affiliates. Its purpose is to ensure that all appropriate steps have been taken to ensure the safety of all participants in marathon competitions sanctioned by Australian Canoeing.

This checklist is the second of two safety checklists that AC recommends you complete. It is to be used as an addendum to the first safety checklist, the *Safety Checklist for All Paddling Activities*.

To ensure a safe event:

1. Complete the **Safety Checklist for All Paddling Activities** first, then
2. Complete this **event-specific checklist** to ensure that additional safety issues specific to your event are also addressed.

Requirements noted in this checklist are based the ICF Marathon Racing Competition Rules – 2005.

Information about the Activity

Name of organisation hosting the activity:	
Name of activity:	
Description of activity and participants: <i>'Participants' include paddlers, officials, guides, instructors, coaches, observers, etc</i>	
Activity date(s) & times:	
Activity Venue(s):	
Other relevant information about the activity:	

Safety Checklist

Please document whether or not the following safety measures have been taken in preparation for your activity by completing the checklist below.

<i>Have the following steps been actioned?</i>	Yes	No	Date completed	Comments (if applicable)
<p>1. Safety Officials and Personnel</p> <p><input type="checkbox"/> Has a Safety Officer been appointed for the event?</p> <p><input type="checkbox"/> Has the Safety Officer been fully briefed on his/her role, as being responsible for advising the Competition Committee on the safety measures necessary, and for seeing that these are taken?</p>				
<p>2. Competition Committee</p> <p><input type="checkbox"/> Has a competition Committee been established, which includes the following officials:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Chief Official <input type="checkbox"/> Technical Director <input type="checkbox"/> Safety Officer? <p><input type="checkbox"/> Has the Competition Committee been fully briefed on its role, to include the responsibility for determining whether or not the competition should be postponed due to unforeseen circumstances or inclement weather?</p>				
<p>3. Instructions for Competitors</p> <p>Has each team leader received printed or <u>written</u> instructions, at least 5 hours before the beginning of the competition, containing, among other things, "obligatory safety equipment requirements?"</p> <p>(see Rule 20 of ICF Marathon Racing Competition Rules – 2005, for other required instructions to be given).</p>				

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<i>Have the following steps been actioned?</i>	Yes	No	Date completed	Comments (if applicable)
<p>4. Safety Measures</p> <p>Are the following safety measures enforced throughout the event (as per Rule 28 of ICF Marathon Racing Competition Rules – 2005):</p> <ul style="list-style-type: none"> <input type="checkbox"/> Each boat must carry sufficient buoyancy, either in the construction of the boat or fixed subsequently, to keep the boat floating level when filled with water. The scrutinisers may float test the boat if buoyancy is not apparent after a visual inspection. If the organisers so decide for safety reasons, additional buoyancy must be fitted to each boat such that it will give support to the paddlers when in the water and/or every competitor shall wear a buoyancy aid and/or other specified equipment. <input type="checkbox"/> Any competitor failing to observe such a direction shall be refused the right to start. If they have started he or she will be disqualified. <input type="checkbox"/> Competitors participate at their own risk. Neither the organisers nor the ICF, AC, nor your organisation can be held responsible for accidents or material damage which may occur during a race. <input type="checkbox"/> Every official is required to observe that the safety measures are being adhered to, and prevent boats or competitors from starting or continuing if they fail to meet the requirements laid down in the rules. 				
<p>5. Rescue of a competitor in danger</p> <p>Have all competitors been made fully aware of their obligation to rescue competitors in danger, as specified on page 28 or the ICF Marathon Racing Competition Rules – 2005.</p>				

END OF CHECKLIST