

Australian Canoeing Award Scheme

Evidence Guideline

Enclosed Sea Skills



This information is to be used in combination with the Assessment Record, Safety Guidelines and Award Scheme Handbook.

Skill Component	
Prepare appropriate craft and equipment	<p>Throughout assessment participants use appropriate equipment for the environment.</p> <p>This equipment promotes personal safety and is prepared in a way to not impede on safety</p>
Paddle the craft efficiently	<p>Strokes are performed in moderate (to 16kn) conditions at sea</p> <p>Strokes:</p> <ul style="list-style-type: none">- Forward and reverse paddle;- Forward and reverse sweeps;- Draw strokes(feathered or sculling);- Stern Rudder;- Stopping;- Back of blade support. <p>For each stroke the minimum performance requirements are:</p> <ul style="list-style-type: none">• correct hand placement on paddle• sufficient wrist movement to enable correct blade placement• adequate paddle depth in water to achieve effective stroke• correct paddle blade angle throughout stroke• correct paddle entry and exit points with respect to craft and body position.
Competently participate in self and buddy rescues	<p>Rescues are performed in moderate (to 16kn) conditions at Sea as rescuee and rescuer were applicable.</p> <p>Buddy rescue:</p> <ul style="list-style-type: none">- T rescue <p>Self rescue:</p> <ul style="list-style-type: none">- Paddle float rescue <p>Rescues are performed as rescue and rescuer were applicable.</p> <p>Rescue is performed in a timely manner (no time wasted) and promotes safety to all involved and is deemed to work in all conditions</p>

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Competently perform a tow	<p>Tows are performed in moderate (to 16kn) conditions in enclosed Sea;</p> <ul style="list-style-type: none">- Single tow- In line tow- V tow <p>Tows are performed using</p> <ul style="list-style-type: none">- Quick release system- Floating system if disconnected- Bright coloured rope can be an advantage <p>Tows are performed to promote safety to all.</p>
Form into and disperse from a raft.	<p>A raft is formed in a timely manner (no wasted time) and promotes safety to all involved.</p>
Secure craft for transport, secure equipment to craft.	<p>Participants transport craft to and from venue, method is safe for craft and participant. (or able to demonstrate method they would use)</p> <p>Equipment placed on craft is secured in a manner that does not impede safety</p>
Knowledge component	
Have an understanding of the advantages and limitations of sea kayaks	<p>General knowledge may include but not limited to:</p> <ul style="list-style-type: none">- Construction material;- Water line;- Bow designs;- Rocker;- Storage;- Deck fitting;
Select appropriate equipment and clothing with consideration of sun sense and hypothermia	<p>Throughout assessment participants use appropriate equipment for the environment. This equipment is prepared in a way to not impede on safety</p>
Plan and navigate an enclosed sea environment activity	<p>Knowledge of but not limited to:</p> <ul style="list-style-type: none">- Latitude and Longitude;- Measuring distance;- Tide flow arrows;- Port and Starboard markers;- Cardinal markers;- Special marker;- Paddling speed;- Effects of wind and tide.

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Store, operate and maintain appropriate safety and communication equipment	Equipment to include but not limited to: <ul style="list-style-type: none">- PFD;- Split paddle;- Mobile phone;- Hand pump.
Interpret weather for a marine environment.	Able to identify good source of marine forecasts. Knowledge of but not limited to: <ul style="list-style-type: none">- Highs;- Lows;- Fronts;- Swell;- Seas.
Minimal environmental impact.	Follows AC minimal impact guidelines
Knowledge and maintenance of craft.	General knowledge of what makes a kayak a Sea Kayak. Must include but not limited to: <ul style="list-style-type: none">- Storage;- Decklines;- Cockpit;- Bulkheads.
Knowledge of " Rules of the Sea".	Knowledge of but not limited to: <ul style="list-style-type: none">- Give way rules for other water craft.
Experience component	
Minimum Logbook requirement	Produce a logbook to Australian Canoeing standards that show ; Six enclosed sea environment trips of a minimum of three hours duration
Communication component	
Maintain effective communication with a group	Participant stays within communication distance of the group. Communication is limited to <ul style="list-style-type: none">- Verbal;- Whistle;- Visual.