





Canoe Polo PERFORMANCE COACH Training Program

Note

The performance coach training program is targeted at emerging coaches who have the capacity and capability to deliver outstanding results for Australia over the next decade.

This AIS program is subject to rigorous selection and acceptance criteria.

Program outline

- 1. Theme 1 The coach and leader
- 2. Theme 2 The knowledge seeker
- 3. Theme 3 The athlete manager

Theme 1 – The coach and leader

- Role of the coach
- Ability to leverage the whole system
- Self and external analysis
- Leadership styles
- Managing a team

Theme 2 – The knowledge seeker

- Training science
- Technology in sport

Theme 3 – The athlete manager

- Talent
- Gender
- Individual versus team

Enquiries

For further information about this program contact the chairperson, AC canoe polo technical committee.